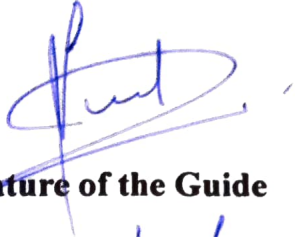


CERTIFICATE

This is to Certify that Ms. **Janice James** bearing Register Number **PC190017** of Course: **M.Sc. Psychological Counseling Semester IV** has satisfactorily completed the requirements for **Practical 2: Dissertation** titled “**Self-Compassion based Self-Care Programme**”



Signature of the Guide

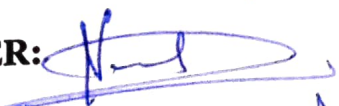
Date: 24/8/21



Signature of the Co-Guide



Signature of the Head of the Department
H.O.D.
Department of Psychology
Indian Institute of Psychology and Research
St. Anthony's Friary
85, Hosur Road, Bengaluru - 560 095

DATE OF EXAMINATION: 30/8/21
INTERNAL EXAMINER: 
EXTERNAL EXAMINER: 