CERTIFICATE

This is to Certify that Mrs. Betila Sequeira bearing Register Number 19MPC0006 of Course: Master of Science in Psychological Counselling. Semester IV has satisfactorily completed the requirements for **Practical 2: Dissertation** titled

"Enhancing stress management skills among Teachers working from home with Special reference to Pandemic-COVID 19 situation".

Signature of the Co-Guide

Signature of the Guide

Date:

H.O.D. Dept. of Psychology

Indian Institute of Psychology and Research
Signature of the Mendys Ftay Department
#85, Hosur Road, Bengaluru - 560 095

DATE OF EXAMINATION: 30 00 2021

INTERNAL EXAMINER:

EXTERNAL EXAMINER: