## **CERTIFICATE**

This is to Certify that Mr. Sanesh S, bearing Register Number PY190036 of Course MSc. Psychology Semester IV has satisfactorily completed the requirements for Practical 2: Dissertation titled Negative emotional states are predictors of sleep quality among emerging, young and middle-aged adults.

Signature of the Guide

Date: 30 8 2021

Signature of the Co-Guide

Signature of the Head of the Department Indian Institute of Psychology and Research

St. Anthony's Friary
#85, Hosur Road, Bengaluru - 560 095

ATE OF EXAMINATION:

3182

TERNAL EXAMINER:

**XTERNAL EXAMINER:**