CERTIFICATE

This is to Certify that Ms. Nidhi Rao bearing Register Number PC190028 of Course: MSc Psychological Counselling of Semester four has satisfactorily completed the requirements for Practical 2: Dissertation titled Cognitive Behavioral Therapy as Intervention for Anxiety in Perimenopausal Women.

Signature of the Guide

Date: 20/08/202/

Signature of the Co-Guide

Signature of the Head of the Department

Dept. of Psychology Indian Institute of Psychology and Research

St. Anthony's Friary

DATE OF EXAMINATION:

2

INTERNAL EXAMINER:

EXTERNAL EXAMINER:

>- TSHARGAY S